

Non-timber forest products from Penn's Woods

Eric Burkhart

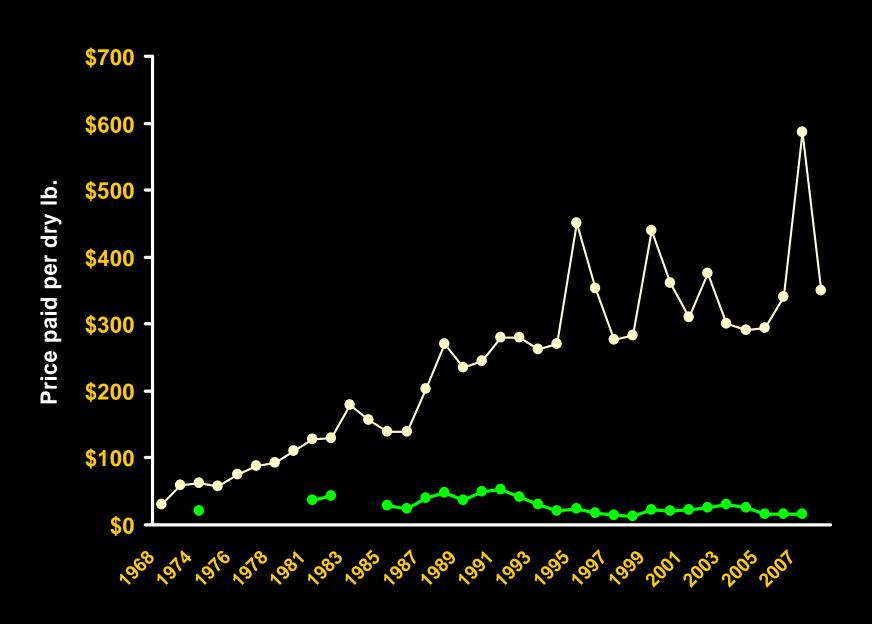
Shaver's Creek Environmental Center

Penn State University





Wholesale ginseng price trends



PAYING HIGH PRICE TO BUY

WILD GINSENG

Regualr \$380-\$420 10 to 30 yrs. With Neck Attached (avg. 2" long) ... \$430 Green \$120-\$130 10 to 35 yrs.

Woods-grown (chemical free) ... \$70-\$180 ... 7 to 10 yrs. (All ginseng must be certified in its state of origin except Pennsylvania)

New Address and Phone Number!

Tel. 610-691-2001 Evenings best time to call.

LAM & PUN GINSENG CO.

2001 Stonesthrow Road, Bethlehem, PA 18015 KUNLAM21@YAHOO.COM

DEER HIDES, GINSENG TRAPPING SUPPLIES MOCCASINS

Raw Furs • Deer Hides • Ginseng, Golden Seal and Other Roots . Nite Lite Dealer - Hunting Supplies Dog Food and Dog Supplies

Fayette Fur Post

West Crawford Avenue, Leisenring, PA 15455 (Hours by Appointment)

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FUR CENTER 227 East Market St.

Louisville, Ky. 40202

Provides a Cash Market

AND ALL KINDS OF ROOTS AND HERBS

FOR WHICH WE ARE PRESENTLY PAYING THE FOLLOWING PRICES

				MIGES.				
65.00	Price	per	Lb.		Price	per	Lb.	
Wild Ginseng — Choice	0.00		59.00	Beth Root\$.34	tó	.32	
Wild Ginseng - Average	56.00	10	57:00	Black Haw, Bark of Root	.52	to	.50	
Goldenseal Tops	2.05	-	2.00	Black Haw, Bark of Tree,			100	
Goldenseal Root	5.60		5.50	Rossed	.42	to	.40	
Mayapple Root90	- 62		60	Black Haw, Bark of Tree,				
				Unrossed	.25	to	.23	
Star Root	.75		.70	Pink Root, True	1.15	to	1.10	
Star Grass Root	2.55	to	2.50	Lady Slipper	1.55	to	1.50	
Crane's Bill Root	.42	to	.40	Wahoo Bark of Root	2.60	to	2.50	
Wild Ginger	.75	to	.70	Wahoo Bark of Tree	.65	to	.60	
Virginia and Texas Snake //. \$			8.00	Ruella, (Untrue Pink)	.45	to	.40	
Seneca Snake	2.10		2.00	Sassafras, Root Bark, Rossed .	1.05	TO	1.00	٠,
				Sassafras, Root Bark, Unrossed	.65	to	.60	
Slippery Elm Bark	.55	to	.50	Bees Wax, Clear Color	.60	to	.55	
Blood Root	.85	to	:80	Bees Wax, Dark Color	.42		.40	

REMEMBER, CLEAN ROOTS THOROUGHLY DRY SHIPMENT. Ship parcel post when possible. It is

F. C. TAYLOR FUR CO

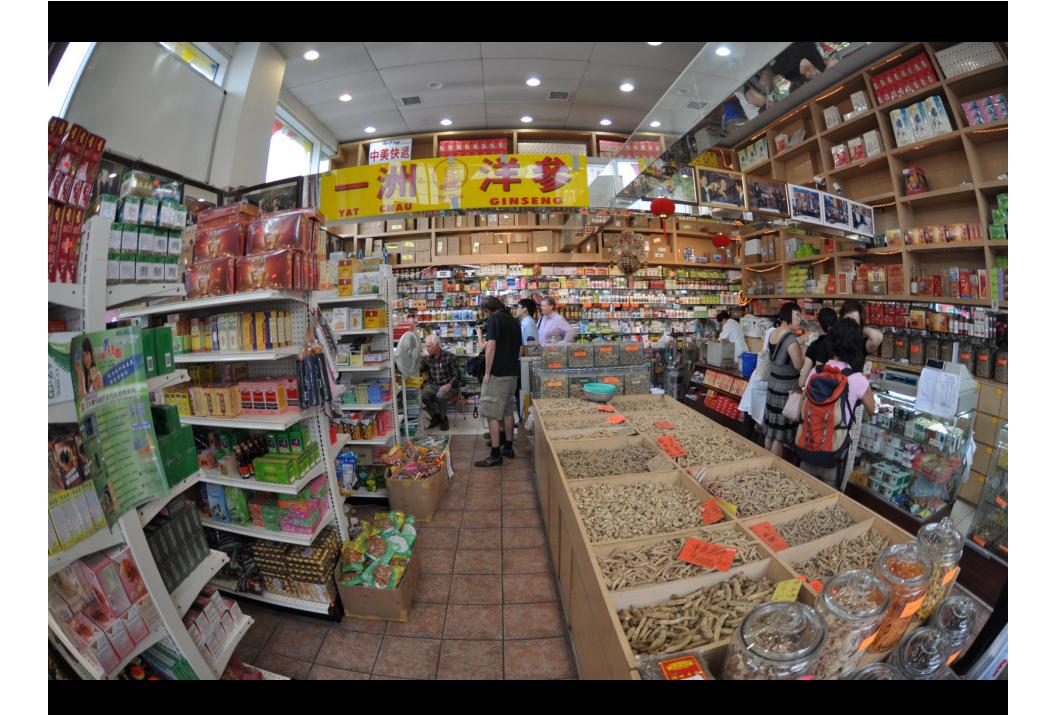
BUYING GINSENG both Green Or Dried. Call 570-833or 570-378-2226 after 6PM for info. (10/27-29)123

Con Department o Vulneral	DEMR	
Issued to: Business Name	Jane Doe 123 State Road	y
Phone Number	Harrisburg, PA 10001	
Issue Date:	July 21, 2003 Valid through June 30, 2004	
DISPLA	DCNR Botanist Y ON PREMISES AT ALL TIMES NONTRANSFERABLE	8100-FM-FR0004 Rev. 7/03

Plant species "in danger of population decline within this Commonwealth because of their beauty, economic value, use as a cultivar or other factors which indicate that persons may seek to remove these species from their native habitats."

"Top 20" county harvest ranks: 1991-2010 totals

548 - 3,887 cumulative lbs Erie 18 16 10 Warren McKean Susquehanna Potter Tioga Bradford Crawford Wayne **Forest** Wyoming Lacka-Cameron Sullivan Elk wanna Venango Pike Lycoming Mercer Clinton Montour 15 Luzerne Clarion 12 Columbia Jefferson Monroe Lawrence 9 Clearfield Union Centre Carbon Butler Northampton North-Armstrong umberland Snyder Mifflin Beaver Schuylkill Indiana 14 Juniata Lehigh 19 Dauphin 6 Cambria Blair Allegheny Berks 5 Perry **Bucks** Lebanon Montgomery 20 Westmoreland Huntingdon Cumberland Washington 3 4 Lancaster Philadelphia Chester Bedford Franklin Delaware Somerset Fayette York **Fulton** Adams Greene



Product appearance is important



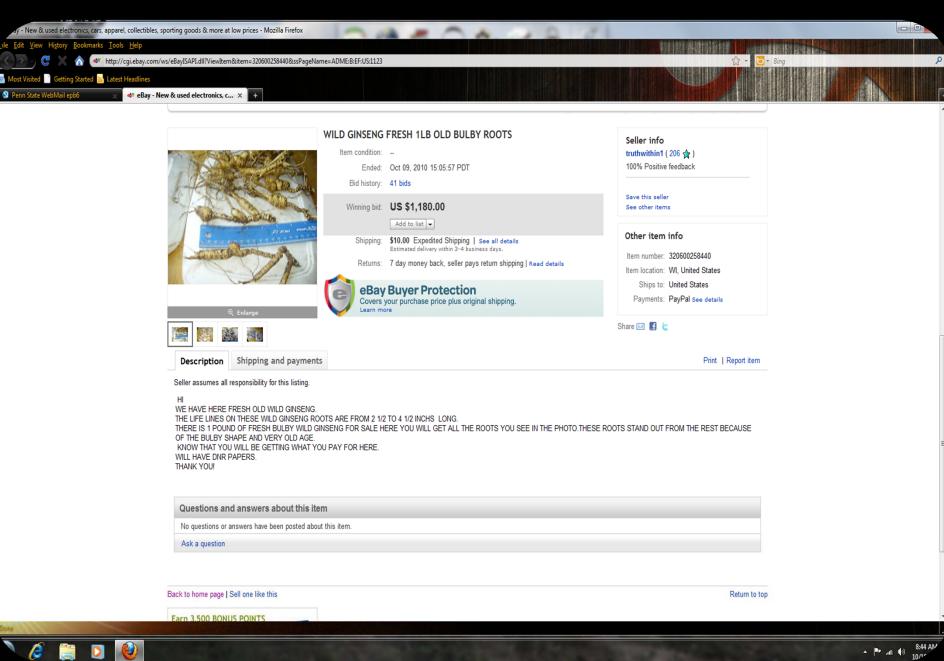
\$225-1,000/lb



\$10-400/lb



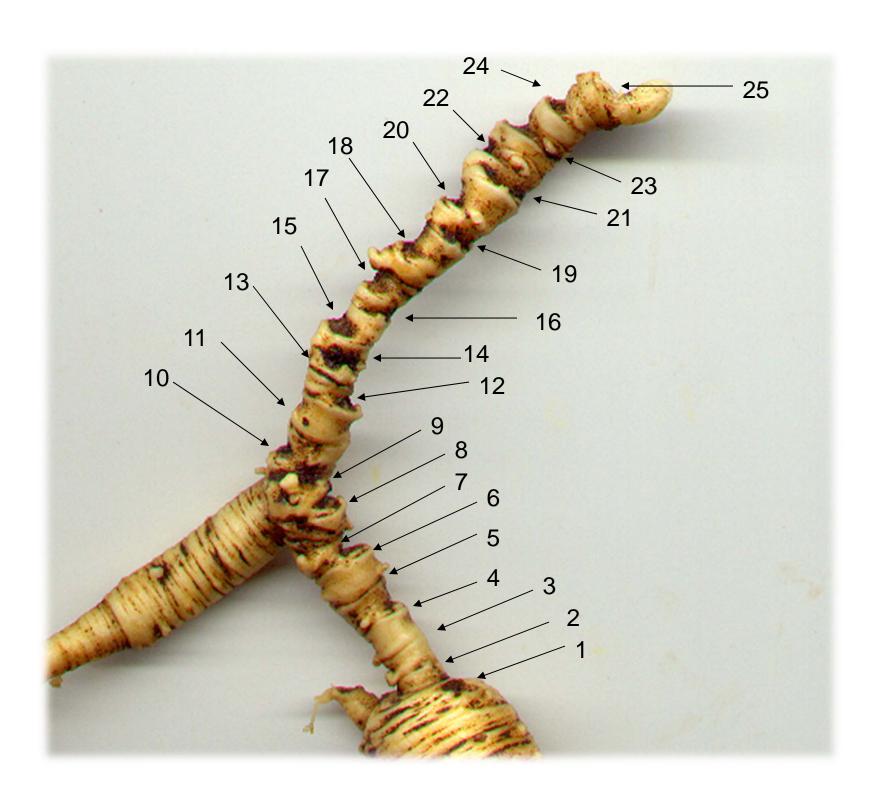
\$5-30/lb

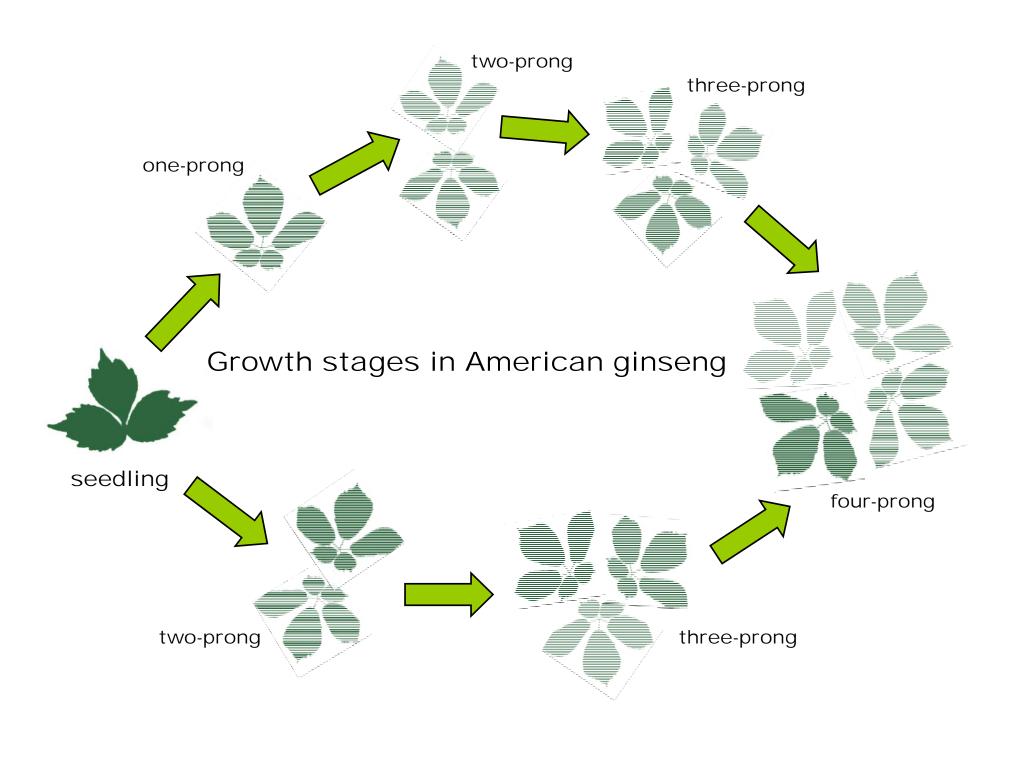














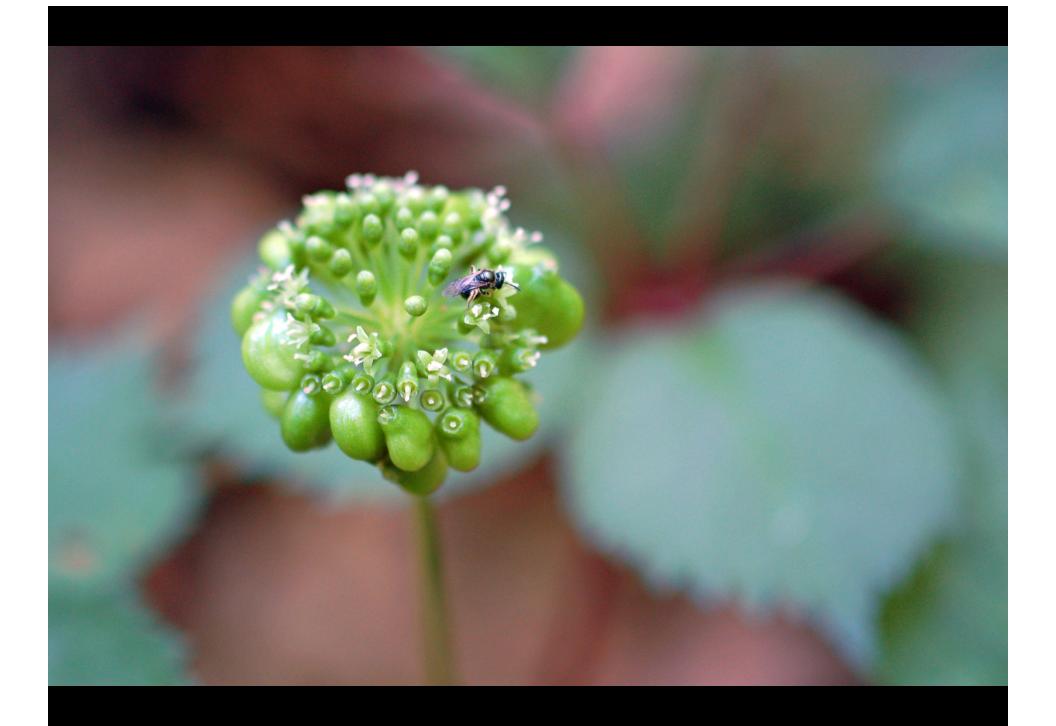
tri-foliate or ternate seedling stage









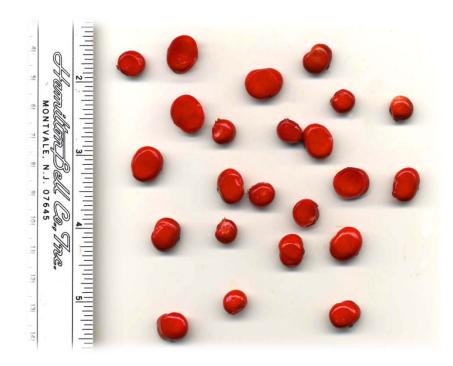




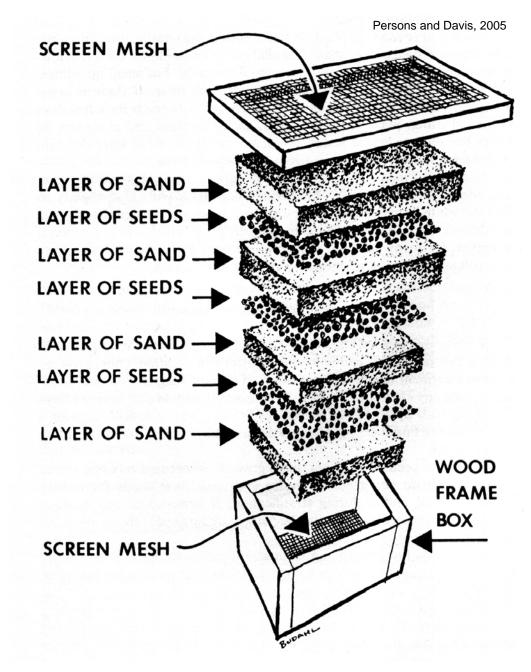






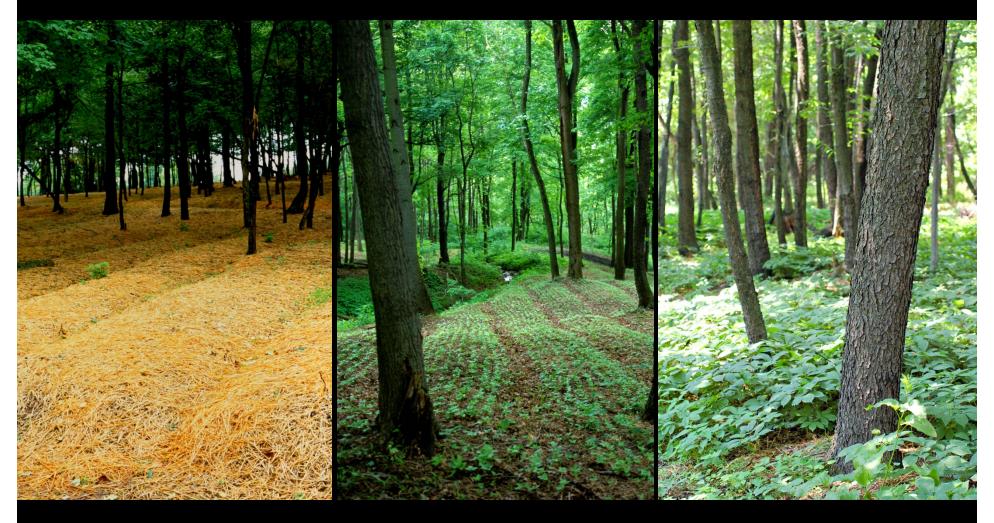








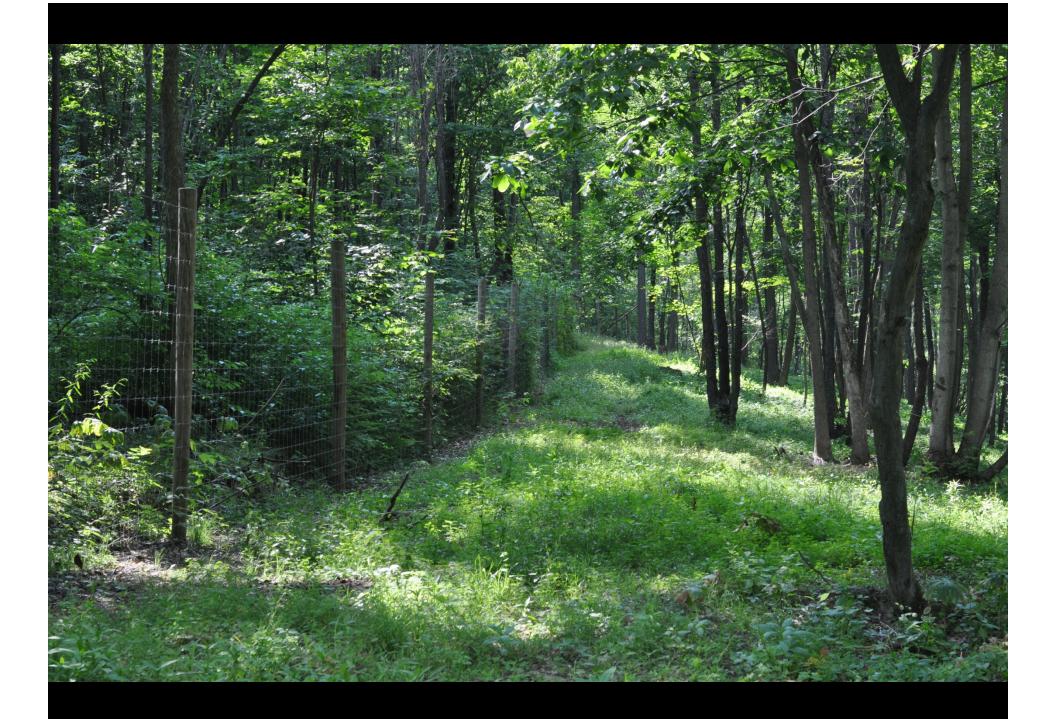
Agroforestry



"Forest farming"

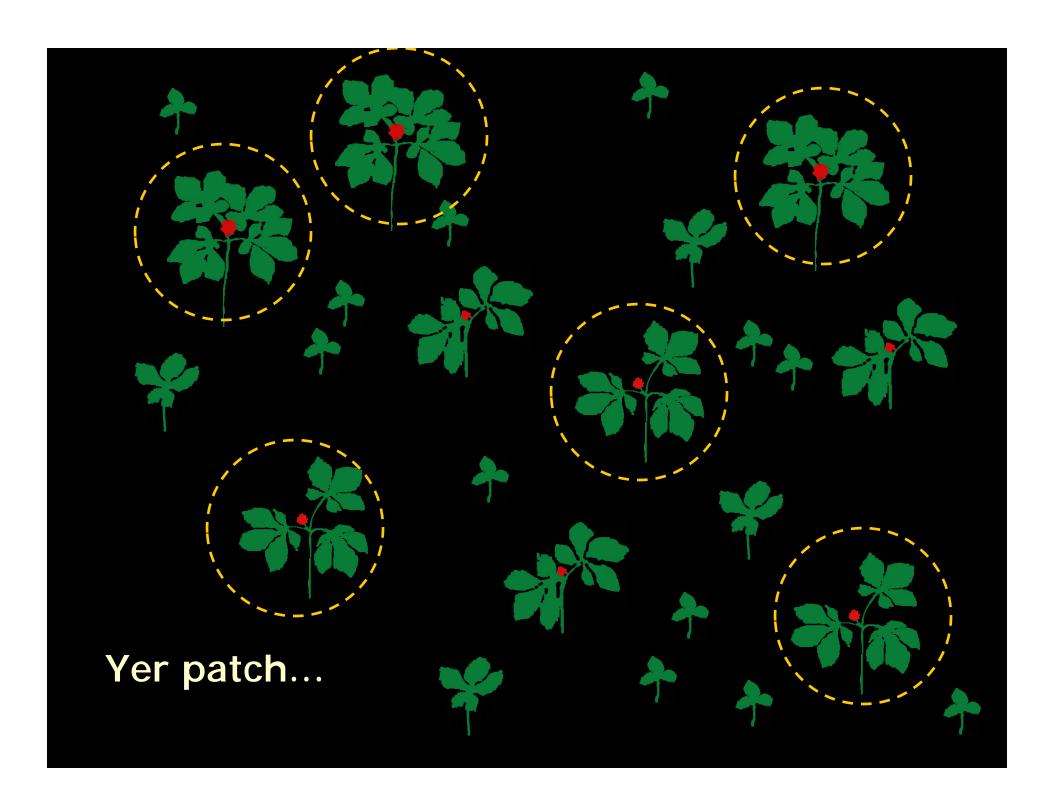


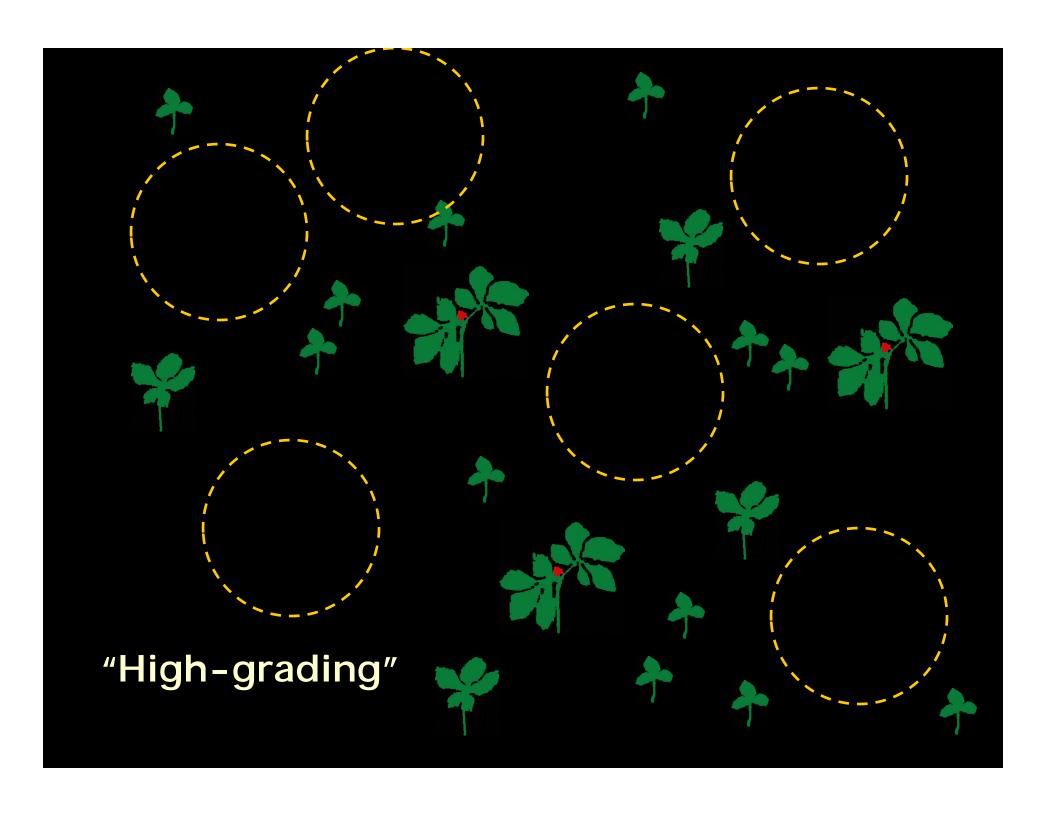








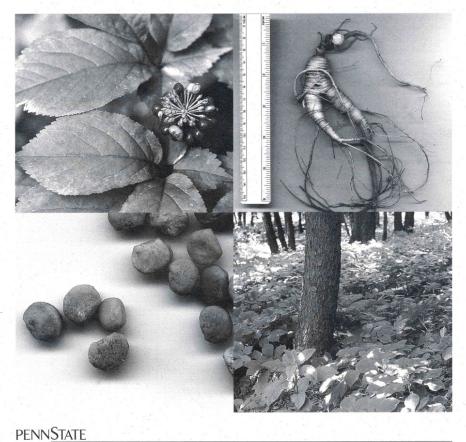






Opportunities from Ginseng Husbandry in Pennsylvania

Forest Finance





Agricultural Research and Cooperative





American ginseng (Panax quinquefolius L.)

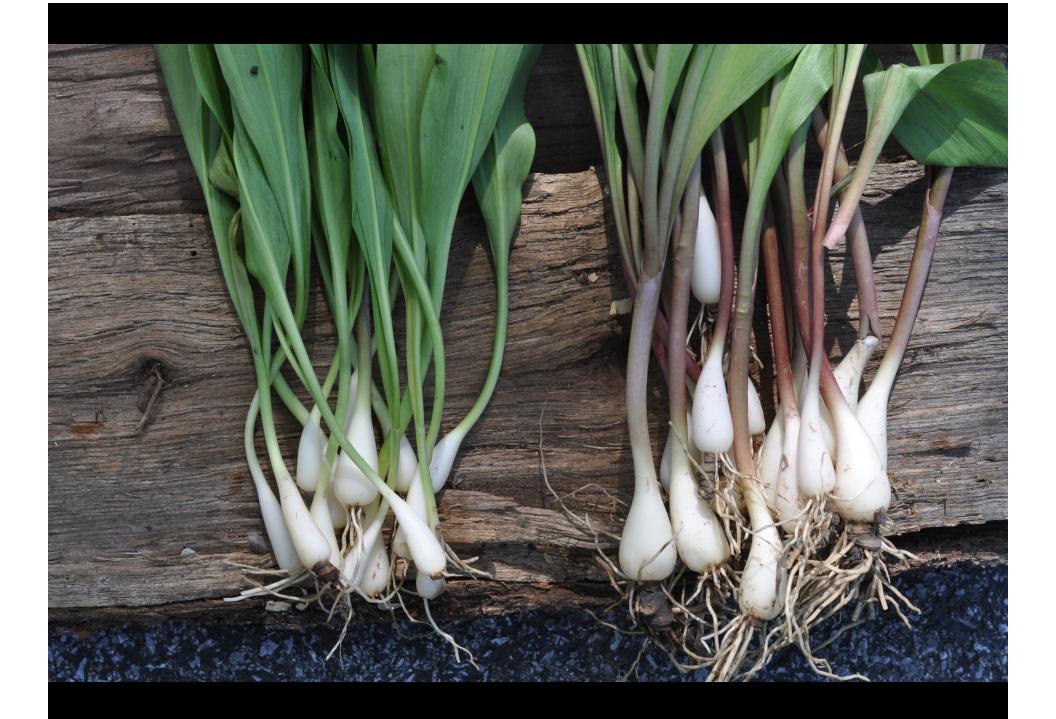




















Skunk cabbage suspected as 14 people sickened in Sullivan County

By PHILIP A. HOLMES

pholmes@sungazette.com

FORKSVILLE — More than a dozen people were taken to area hospitals late Sunday afternoon after they became ill from eating skunk cabbage, according to borough Fire Chief Randy Rosbach.

"A total of 14 people, ranging from children to those in their 60s, were transported from the scene, including at least one who was flown to Geisinger Medical Center (Danville) because he had previous medical problems," Rosbach said.

The helicopter landed in a hayfield along Route 87 in the

borough.

Those who became ill ate a meal together at private property along Wilcox Road, about four miles north of the borough, Rosbach said.

Emergency medical technicians from the borough, along with ambulances from Dushore and Mildred were dispatched about 5:20 p.m. to the property "for two patients reportedly suffering food poisoning," Rosbach said.

Paramedics from Towanda Memorial Hospital also were

sent to the scene.

"When the EMTs arrived, they found multiple people who were ill and sick to their stomach," Rosbach said. Additional ambulances and paramedics from Hillsgrove and Towanda were called to the scene.

"During the meal, the group thought they were eating leeks. However, it turned out to be skunk cabbage, which likely had been picked from the surrounding woods," Rosbach said.

"They still had some of the cabbage in the home, and upon showing it to the emergency responders, it was determined

that the plant was what made everyone ill," he added.

As the group found out, Rosbach said, eating such cabbage can make one quite sick. He said those who became ill were taken to Towanda Memorial and Williamsport Hospitals in addition to Geisinger.

Rosbach said it was expected that most of those who became

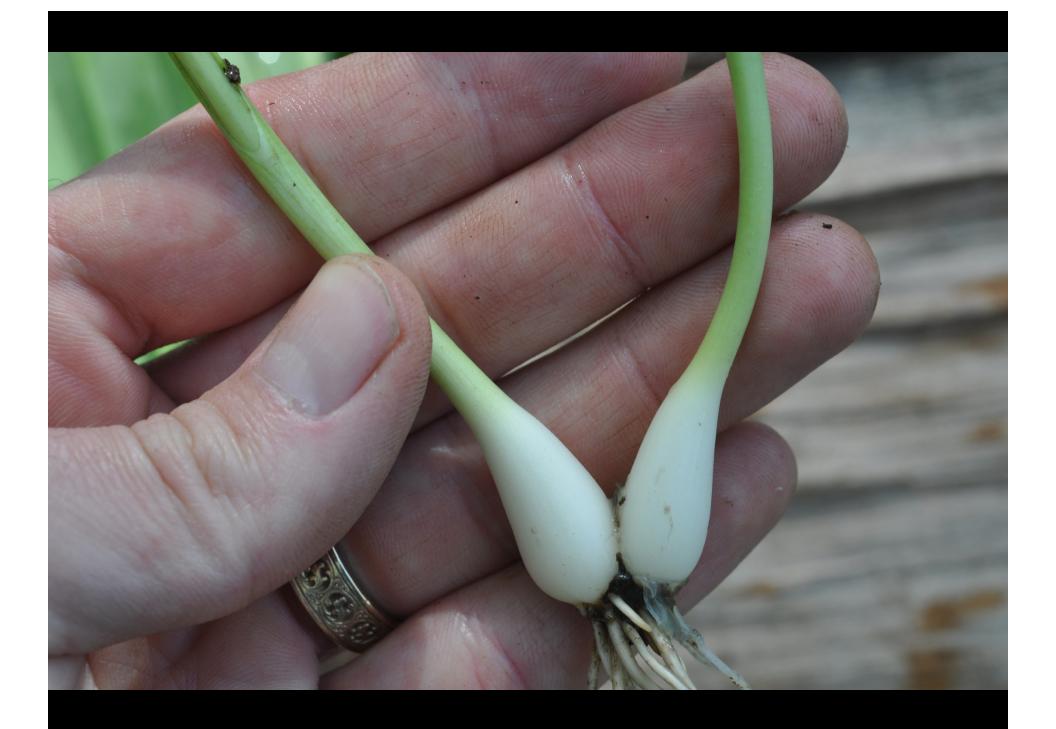
ill would be sent home Sunday night.

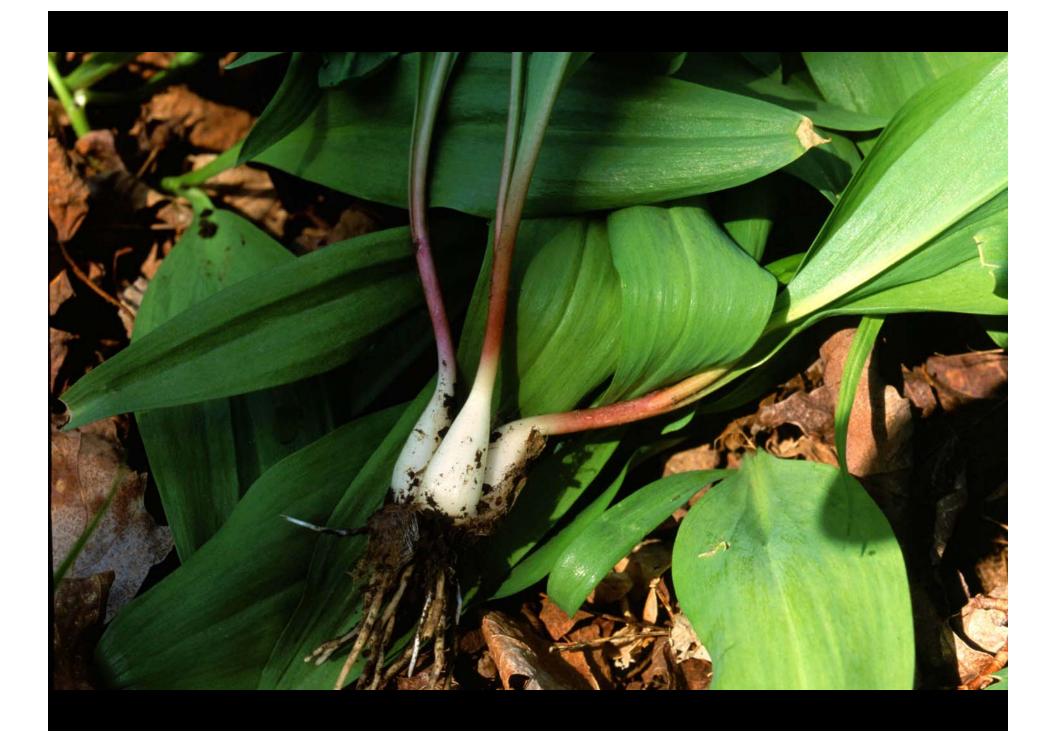


















Out of the Winter and Into the Weeds

1 From First Dining Page

off the forest floor.

lenty of cooks disagree. In the lefs just can't resist putting lants on the menu, along with lousin, the shad, a mushy fish to eat that Peter Hoffman at mask it with bacon on his \$55 nenu earlier this month.

ust as crazy for the bitter fid-Ostrich fern, a plant that has 's for Disease Control warning cooking. They also love stingecipes for these greens begin ons to wear gloves or to use and end with boiling them into

is understandable, especially York kitchens. After months bles and enough braised meat ox, cooks are desperate for anything — pulled from the cold, early-spring water.

ernack, the chef at Esca in scently placed a small pickled n on top of a piece of raw kinghis crudo trio.

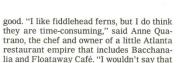
ique grassy earthy flavor you t seen since November," he t so tired of winter that when you, you jump for joy. You how much the stuff is."

r, chef and an owner of the aurants, had his first taste of nps a couple of weeks ago. excellent," he said. "It's just

excellent," he said. "It's just hings that is so insanely seal and you can't control."

he pulled ramps from a patch chen door at Blue Hill at Stone cantico Hills, N.Y., sautéed nt waiters parading through m with platters full of them. s not so lucky. It appears that s got to them first.

W York City Greenmarkets, Rick Bishop sell ramps and aged in early spring as a way me money until the growing in earnest. This year seven inging ramps, said Gabrielle blicity manager for the Green-



Ramps require some work, too. She tames them with a quick pickling, then slips them into dishes such as risotto seasoned with tasso.

everybody really loves them."

Like Ms. Quatrano, Melissa Perello, chef at the Fifth Floor in San Francisco, uses technique and strong flavors to counter the bitterness of wild spring foods. This time of year her menu includes a salad of morels and fiddlehead, relying on vinegar and pun-

Bitter and earthy, wild greens yell 'spring,' and chefs heed the call.



Top and above right, photographs by Marvi Lacar for The New York Times; above left, Shannon Greer for The New York Times

ple just love it or hate it."

About 40 urban chefs and ramp enthusiasts love them so much that this year they made their way to the Spence Farm in Fairbury, Ill., about 100 miles south of Chicago, for a ramp dig. On May 8 the ramps will be included in a four-course, \$125 dinner at Timo Restaurant in Chicago.

Ramps are the biggest single source of income for the farm. Four weeks of digging up 3,700 pounds brought in \$29,600 this year.

"People have a fascination with something that's hard to come by and hasn't been produced in an industrial, factory system," said Terra Brockman, founder of the Land Connection, which works to save farmland and to train organic farmers. Her group organized the ramp dig and subsequent fundraising dinner.

Concerned with my attitude in an earlier conversation, Ms. Brockman sent a follow-up e-mail message to explain why chefs are compelled to spend the day digging for food with so little culinary payoff.

"They plunge their spades into the earth and release the mixed aromas of rich earth and pungent ramps," she wrote. "They lug She started our conversation by offering a recipe that involves dipping dandelion blooms in pancake batter and frying them until they are golden.

From a desk in Midtown Manhattan, I went on at length about my theory of the tyranny of wild spring foods, about the herd mentality that leads chefs to put them on menus when they shouldn't, and about the high price people pay for dirty, stinky roots.

I could almost hear her shake her head over the phone.

"Well," she said, finally. "What we do here is, we don't complain about the weeds. We eat them"

THAT'S WILD Top, Yaffa Gindoff, 14, a foraging trek led by Steve Brill, wl calls himself the Wildman, along a hiking trail in Crestwood, N.Y.; farl Dan Barber of the Blue Hill restaurants, with ramps; left, fiddleheads and ramps found in Crestwood.

RAMPS AND POTATO SOUP

Time: 35 minutes

- 4 to 6 slices bacon
- 4 cups trimmed, chopped ramps, cluding greens (see note)
- 4 to 5 cups red potatoes, unpeeled into ½- to ¾-inch dice
- 3 tablespoons flour
- 4 cups chicken broth
- 1 cup heavy cream
- Salt and freshly ground black pe

1. In a large Dutch oven over mediun fry bacon until fat is rendered and bacrispy. Remove bacon and reserve f other purpose. Add ramps and potat bacon fat and sauté over medium hearamps are tender, about 5 minutes. Sp with flour and stir to mix.

2. Stir in chicken broth. Cover and si until potatoes are tender, about 15 m Stir in cream and heat until steamin not boil. Salt and pepper to taste, and s

Yield: 4 to 6 servings.

Note: Ramps are sold at some Gree kets and can be ordered from Earth lights in DeWitt, Mich.: (800) 367-4' www.earthy.com.

FIDDLEHEAD FERN AND MOREL SALAD

Adapted from Melissa Perello Time: 20 minutes

- 1 tablespoon unsalted butter
- 8 ounces morels, halved lengthwise and rinsed
- 8 ounces fiddlehead ferns, trimmed (see note)
- 2 tablespoons walnut oil, more for driz-
- 2. Fill a pot with lightly salted watering to a boil. Set aside a bowl of ice Add ferns to boiling water and simme minute. Drain and immediately transice water to chill. Drain again.
- 3. In a medium mixing bowl, combine





Ah, the Sweet Smell Of Ramps in the Spring

Continued From First Dining Page

elvetia and Elkins on exactly the same ay, April 26.

Clog dancers from Kentucky entertained the gymnasium, 91-year-old Libby Deitz old her homemade jam, and all manner of sople waited in line to eat - teenagers, an ncient mountain man with a long white eard, a pair of Gen Xers pushing a stroller. or \$10, each diner got a plastic foam box ith a tangle of gray-green cooked ramps, a unk of cornbread, several strips of bacon, a lab of country ham, a mound of baked eans (decanted from the tin and fortified ith ham and ha

trimming and freezing.

Mr. McClung put in an eight-hour shift on Friday and a nine-hour shift on Saturday, wearing a jaunty green-and-white cap. When he finished, he said, he and the other volunteer cooks would have raised \$4,000 or \$5,000 for the local Chamber of Commerce, of which he is the president. But his skin, hair, shirt and jeans would be saturated with the pungent smell of ramps, he said, so he would "head for home to take a long shower and change clothes."

Patricia Bunting, Mr. McClung's 44-yearold daughter, who served as his sous chef, wore an apron emblazoned with the words "King of Stink." She said she had never

When I asked why, she want to smell bad."

Allium tricoccum - are ers of the same robustly d family as chives, leeks,

ie name is in dispute. Most ling the Department of Ager "ramp" a shortened which is an old name for nterpart of the ramp, Alliear garlic. "Ramson" is to come from the Old wild leeks, hramsen, and re romantic cast of mind, am," Aries being the sign s appear.

> nessee banned ramp-digging. Glen Facemire, a retired postman, grows ramps from seed at his farm near Richwood. Using a method he developed, it takes six or even seven years, he said, for seeds taken from flowers that appear in July or August to produce ramps once they are planted. He sells fresh ramps in season and a number of ramp products on his Web site (www.rampfarm.com) and at farm shops

For the first white men who came to the mountains, ramps supplied not only an initial taste of spring but also vital protection

FROM THE Glen Fac left, uses hoe to dia ramps, ri his farm wood, W For those missed th Ramp Fe weekend, Facemire ramps over Internet.



Ramps emerge from the ground with rolled-up, quill-like foliage, which develops into flat, smooth, sword-shape leaves, a rich green in color, with a small bulb at the bottom. They are tender when eaten quite young, about the size of a small scallion.

Clumps of a dozen, a hundred or a thousand dot the forest. Mountain folk dig them for the family table and to sell at roadside stands, so energetically that environmentalists worry that they may disappear. Last year, alarmed by a declining ramp population, authorities at Great Smoky Mountains National Park in North Carolina and Ten-

throughout the region.

against riabate though the cattles

for ladies or those who co admit that my wife, Betse a woman of delicate sens smell of the Ramp Feet take, and I suppose that ramps would give any r industrial-strength case o the power of Listerine to

Eleanor Mailloux, one (its of the ramp feed in He hamlet founded in 1869 grants, said she and her fi plates of ramps when th spend the day at school. I send them home in self-de

I myself judged Mr. 1 tasty enough, if a bit ov€ bacon grease, and not 1 smelling than a ripe Lin oilles. But to my no doubt (taste, the ramp dishes we were the real eye-openers.

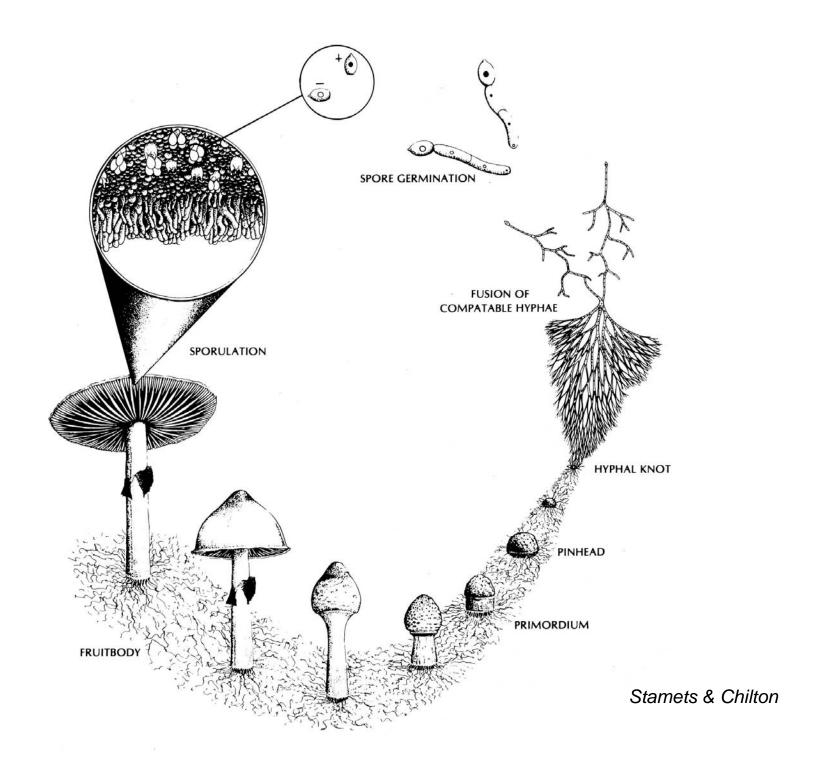
ORTY years ago, American forage lauded ramps as ' best of the wild on strictly a backwoods e ramps have gone uptown.











mycorrhizal

VS.

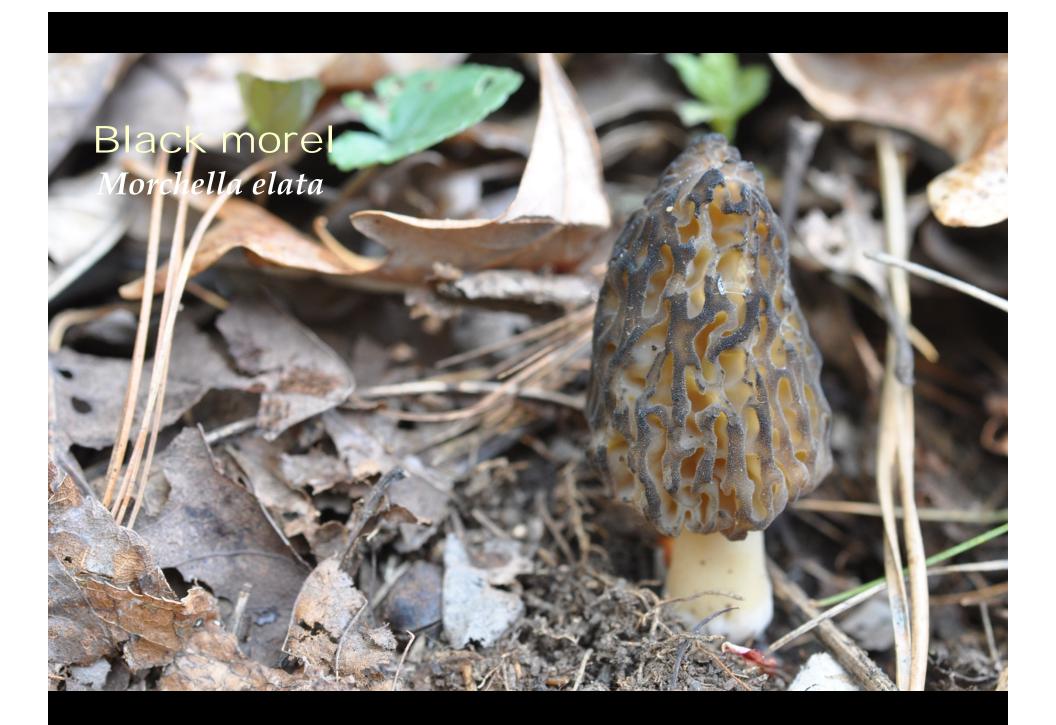
parasitic

VS.

Saprobic (decomposer)















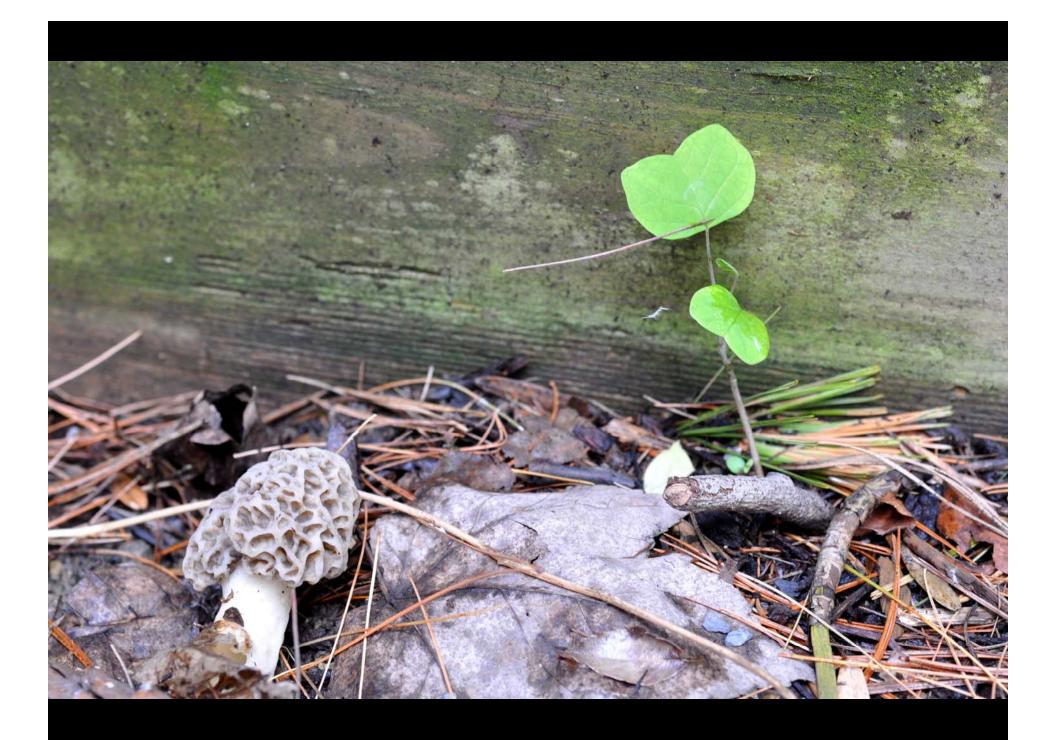








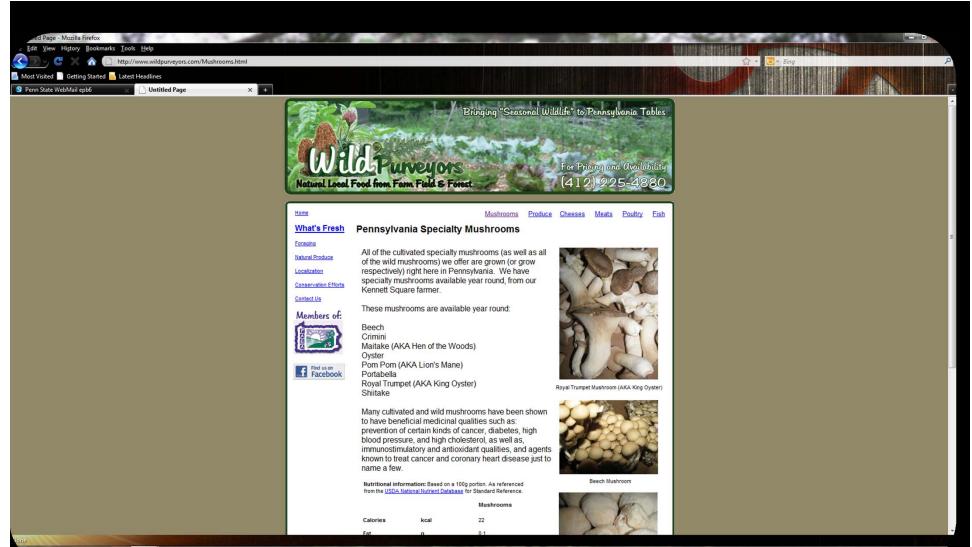








Tulip poplar Liriodendron tulipifera













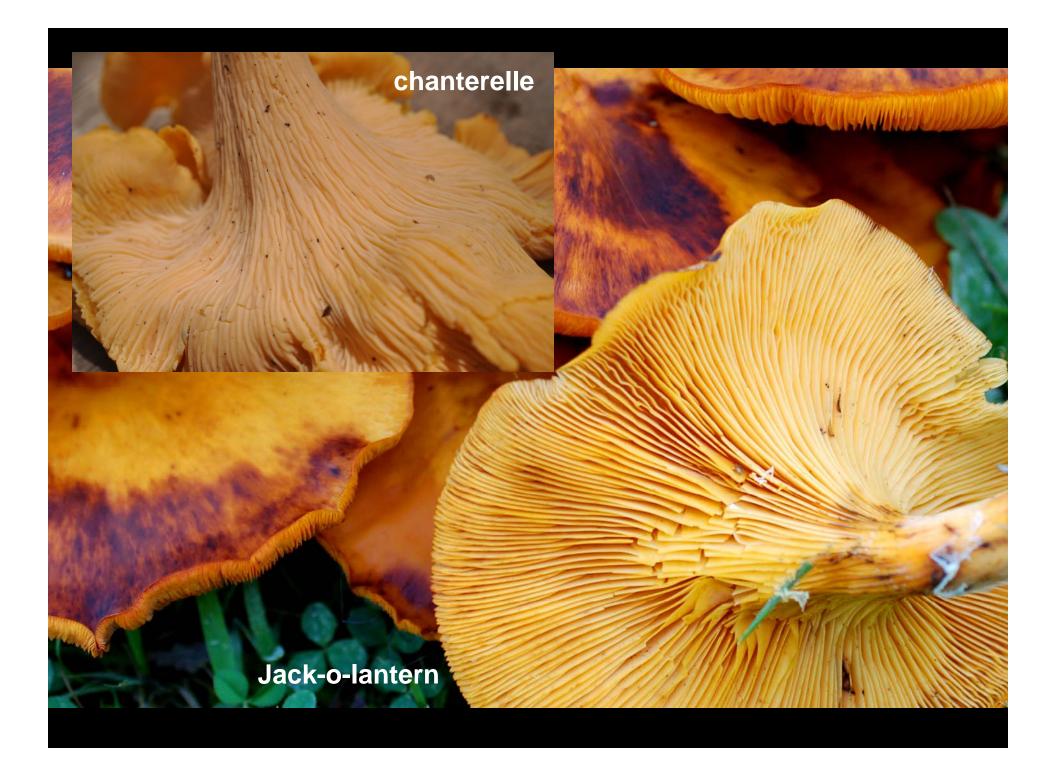
















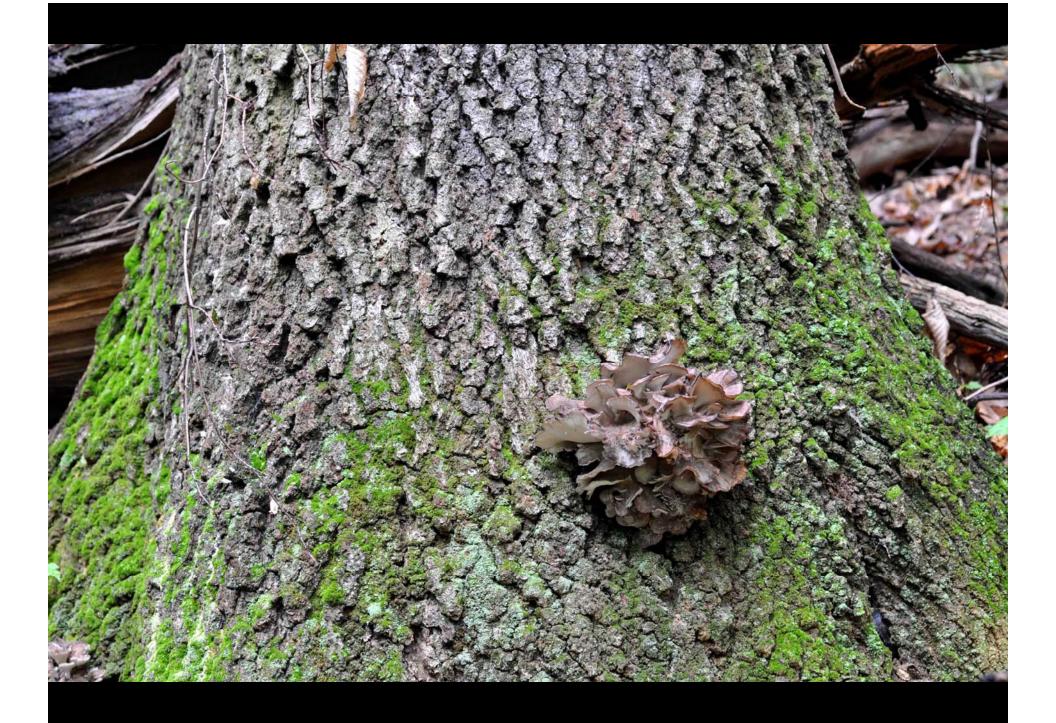








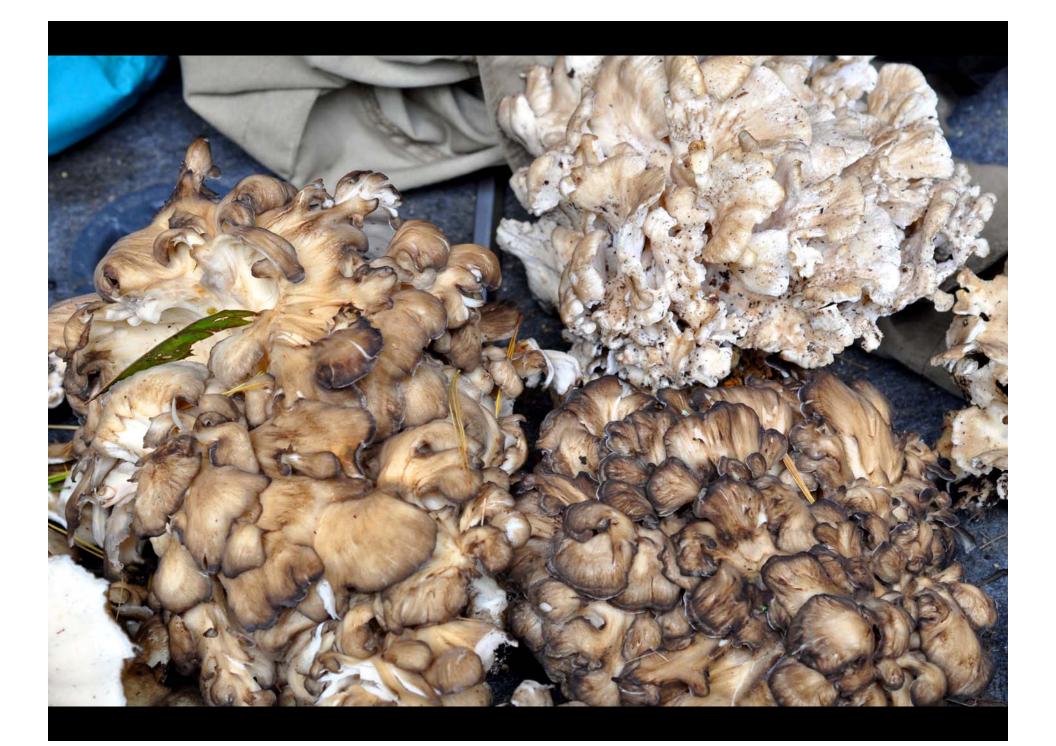
















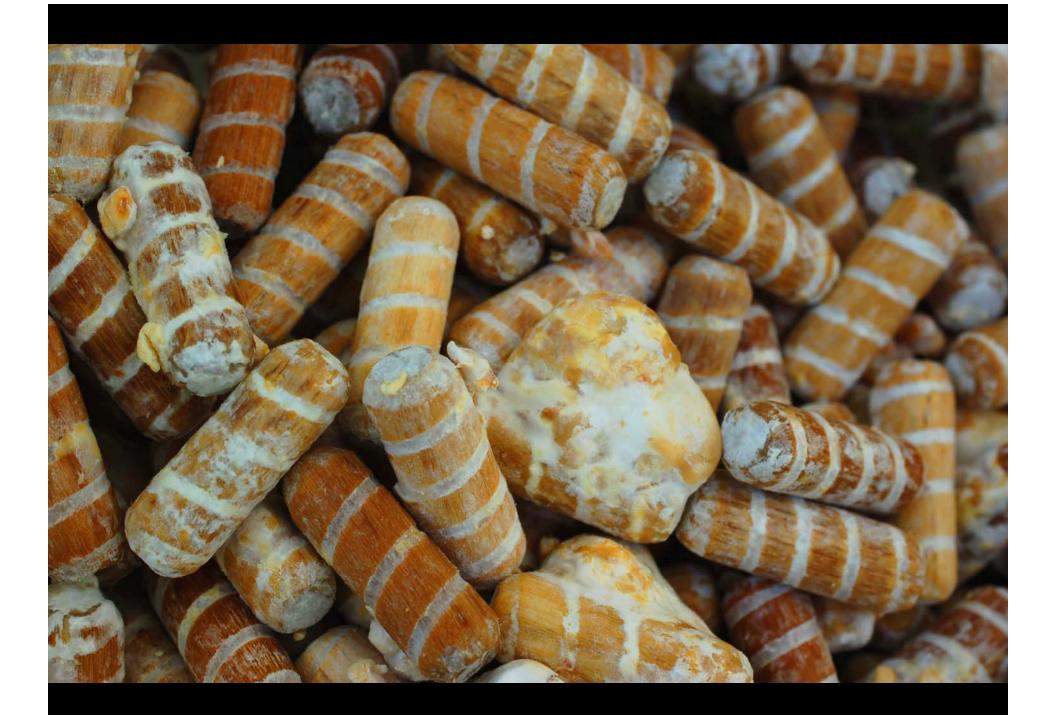
"Forest farming"





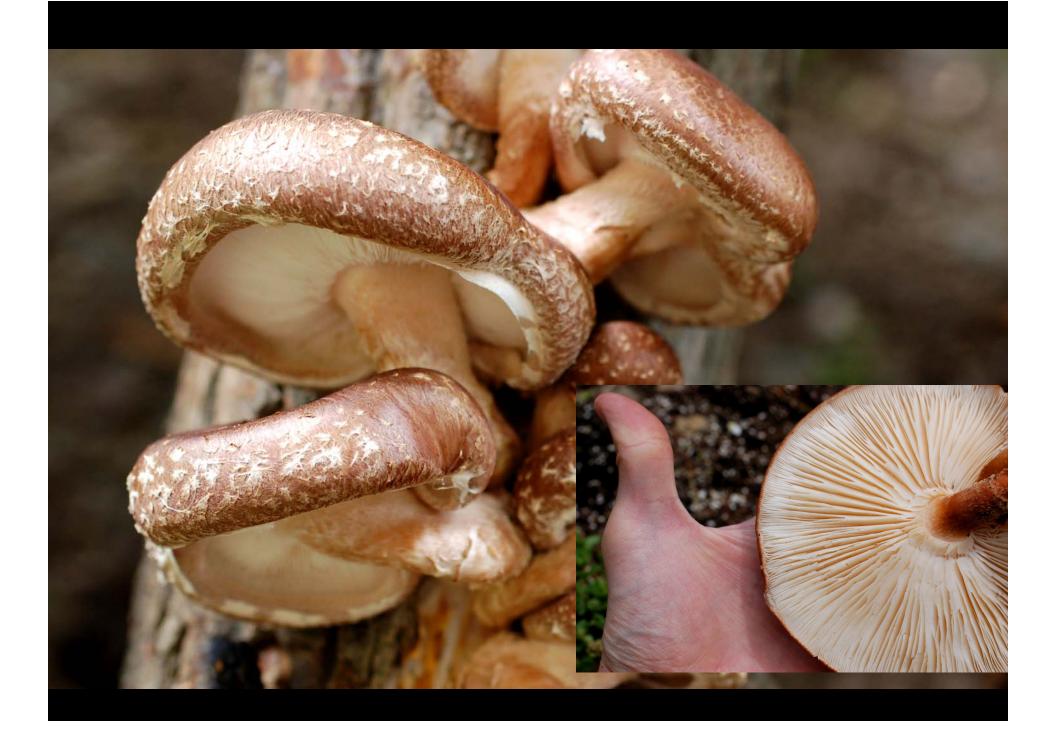
Hop hornbeam Ostrya virginiana















For current information about plant and mushroom related educational opportunities at Shavers Creek:

Shaver's Creek Environmental Center Plant Science Program

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